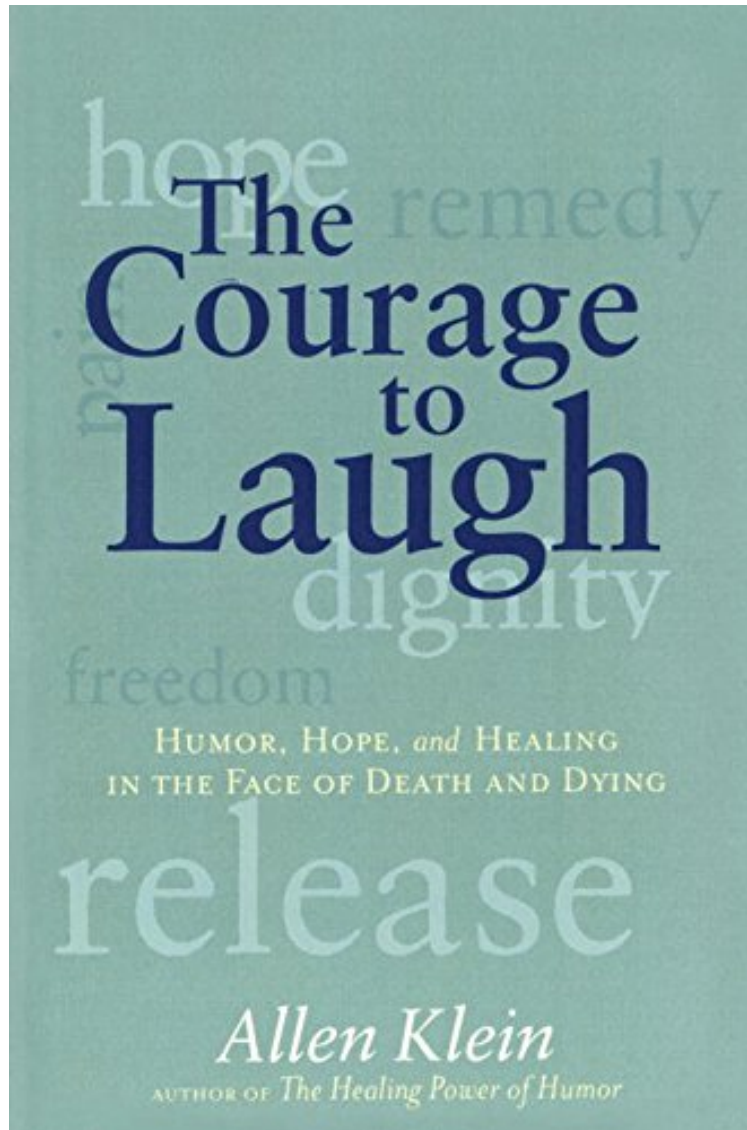


[Pdf free] The Courage to Laugh: Humor, Hope, and Healing in the Face of Death and Dying

## The Courage to Laugh: Humor, Hope, and Healing in the Face of Death and Dying

Allen Klein

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**Allen Klein : The Courage to Laugh: Humor, Hope, and Healing in the Face of Death and Dying** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Courage to Laugh: Humor, Hope, and Healing in the Face of Death and Dying:

1 of 1 people found the following review helpful. Be prepared to laughBy mary peroneWhat a delight to read! It reinforces my thoughts on how people deal with death and dying and gives an entire new look at our final journey and

how we get there.0 of 0 people found the following review helpful. Good to read.By ambidextrous in RupertGood book to have especially if you are going through or will be going through a tough time of losing someone.0 of 0 people found the following review helpful. Five StarsBy diana helderThe book was in great shape when it appeared at my door. I have never been disappointed yet.

"Life," said George Bernard Shaw, "does not cease to be funny when someone dies, any more than it ceases to be serious when someone laughs." With heartening and amusing examples from a world in which many think there is no laughter, Allen Klein augments the truth of Shaw's insightfulness. Illustrating the inherent importance of the ability to laugh, Klein gives readers the power to face the end of life with dignity and compassion. Based on the author's years of giving speeches and leading workshops for patients and their caregivers and families, *The Courage to Laugh* will be the first book to: \* show how patients use humor to cope when life is threatened\* offer hope and encouragement to readers dealing with loss\* give readers permission to laugh when they feel like crying\* explain how popular culture can ease death-related fears\* provide uplifting quotes and jokes With poignant wisdom from children, parents, doctors, and nurses, combined with the spirited writing of the author, *The Courage to Laugh* is a lifesaving tool for everyone experiencing a serious illness and for the people who care for them.

From Publishers Weekly After his wife died from a rare liver disease, Klein wrote *The Healing Power of Humor*, which explained how laughter had helped him recover from her untimely death. Calling himself a "jollytologist," the author, who lectures and leads seminars on humor, enlarges on this earlier theme by presenting a welcome compilation of many personal stories culled from his research into death and dying. These show the important role of laughter as well as tears in the grieving process. Although Klein stresses that humor should not be used to cover up grief, he believes that, for the patient as well as loved ones, appropriate laughter is a refreshing and therapeutic tonic in the face of illness and death. Among the examples he provides are the sustaining power of humor for the terminally ill living in hospices, as well as the amazing capacity of AIDS patients to make jokes that ease their pain ("In my condition, I don't even buy green bananas anymore"). He describes the bravery of very sick children who seek out light moments to help them cope with their disease and includes the experiences of concentration camp survivors who sustained their will to live through humor. Never glib, Klein's affirmations allow a crucial measure of relief for moments of distress, or in the face of loss. Editor, David Groff; agent, Shelley Roth. Copyright 1998 Reed Business Information, Inc. "The Courage to Laugh is not just about humor but about life." -- Bernie Siegel, M.D., author of *Love, Medicine Miracles* About the Author Allen Klein is an award-winning professional speaker and author. He lives in San Francisco.