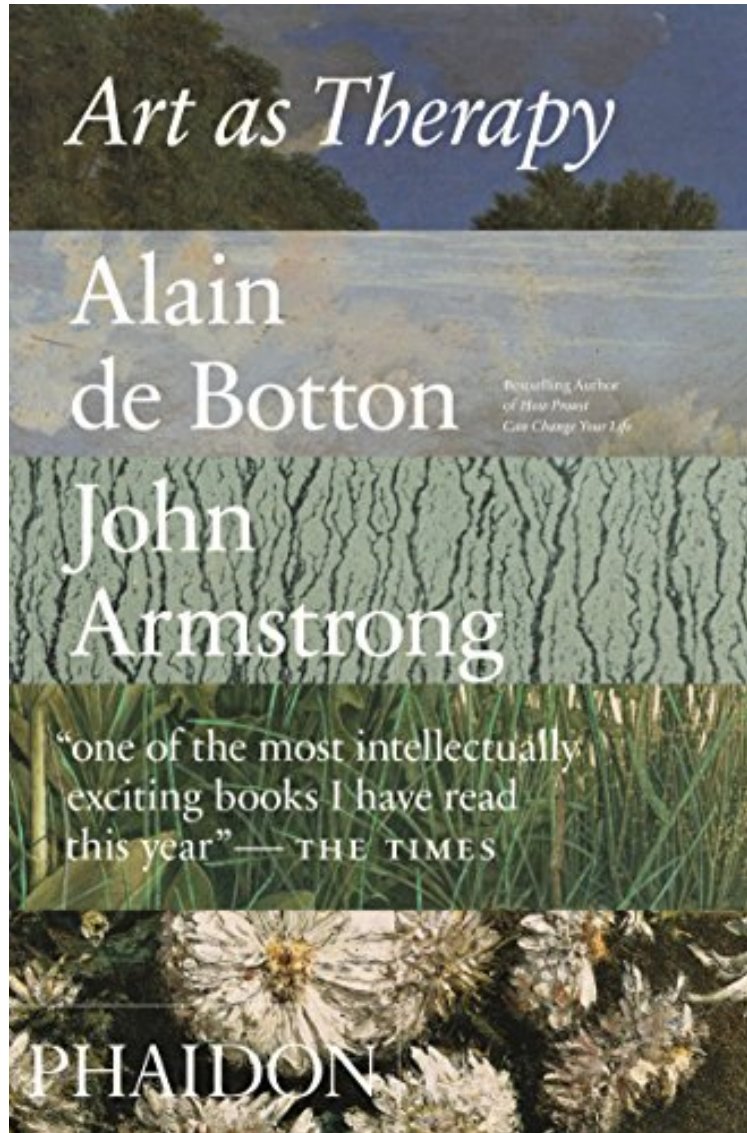


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Art as Therapy

Alain Botton, John Armstrong
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Alain Botton, John Armstrong : Art as Therapy before purchasing it in order to gage whether or not it would be worth my time, and all praised Art as Therapy:

0 of 0 people found the following review helpful. Alain won't disappoint you!By CustomerAlain Botton is the best! One of the many of his books that I have already read. Wonderful!5 of 5 people found the following review helpful. Another of Alain de Botton's books to savor and re-read.By Michael FarleyWhile a number of the examples the authors give for how specific works of art can help us cope with life's stressors seem overdrawn to me, I still had to

appreciate this book as yet another collection of Alain de Botton's very unique and refreshing insights. Whether writing about love, employment, religion or airports, he shows how we can view familiar things with a whole different perspective. I often compare reading Alain de Botton's writings to eating cheesecake; they are so rich that I only consume small portions at a time. In between readings, I enjoy ruminating over his insights and testing them against my own experiences. His, incidentally, are among the few books that I won't loan out to anyone. If necessary, I will buy a second copy to send to friends.

0 of 0 people found the following review helpful. ma alla fine sono stata contenta di aver letto questo libro

By Gonza

Some of the things I read in this book are innovative, others are uselessly provocative, and some others totally superficial (your usual De Botton), but in the end it was a worth reading that helped me to see art under a different perspective.

Alcune delle cose che ho letto in questo libro sono piuttosto innovative, altre inutilmente provocatoria ed altre ancora di una superficialità sconcertante (il solito De Botton, tanto per dire una cattiveria), ma alla fine sono stata contenta di aver letto questo libro, e soprattutto di averlo comprato, perché mi ha fornito nuove prospettive di vedere/intendere/capire l'arte.

Two authorities on popular culture reveal the ways in which art can enhance mood and enrich lives - now available in paperback

This passionate, thought-provoking, often funny, and always-accessible book proposes a new way of looking at art, suggesting that it can be useful, relevant, and therapeutic. Through practical examples, the world-renowned authors argue that certain great works of art have clues as to how to manage the tensions and confusions of modern life. Chapters on love, nature, money, and politics show how art can help with many common difficulties, from forging good relationships to coming to terms with mortality.

"A highly optimistic vision... Roams widely through subjects as immense as love, nature, money and politics. De Botton and Armstrong's examination of love is most rewarding."—Royal Academy of Arts

"Asking the questions that always swirl through your mind when striding around Tate Modern [...] Art as Therapy [...] massages the mind in all the right places."—Vanity Fair on Art

"...Like going back to college, but in a good way... A little bit like dipping in to a modern day Gombrich albeit through the eyes of Oprah... A really entertaining and thought-provoking look at the role that art plays – or could play – in our lives. [...] Part philosophy, part art history, the book takes work that is considered by many to be lofty and rarified, and relates it to our everyday lives. [Art as Therapy] makes the reader consider the work far more intensely and deeply than perhaps we otherwise would."—A Little Bird

"A true meditation on the power art has to transform our lives."—The Mayfair Magazine