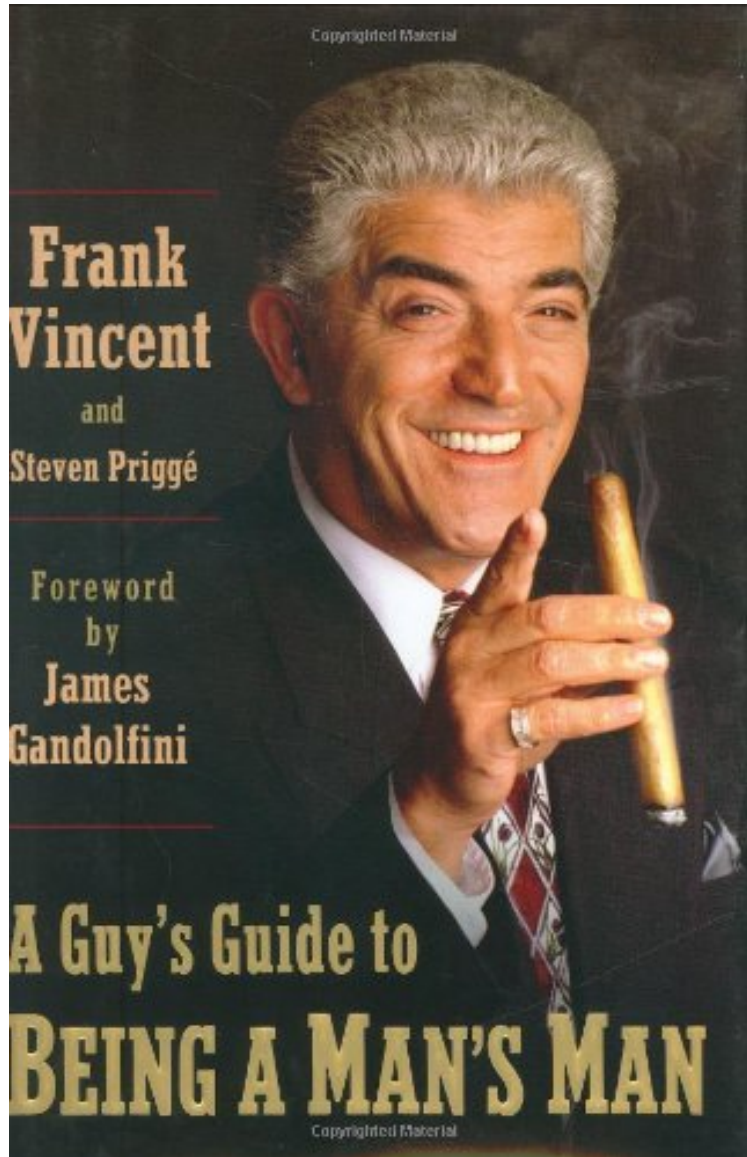


(Download ebook) A Guy's Guide to Being a Man's Man

## A Guy's Guide to Being a Man's Man

*Frank Vincent, Steven Prigge*

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#234643 in Books 2006-03-07 2006-03-07 Original language: English PDF # 1 9.28 x .91 x 6.30l, 1.00 #File Name: 0425208761272 pages | File size: 34.Mb

**Frank Vincent, Steven Prigge : A Guy's Guide to Being a Man's Man** before purchasing it in order to gage whether or not it would be worth my time, and all praised A Guy's Guide to Being a Man's Man:

0 of 0 people found the following review helpful. It's either the man's man way or the Long Island Express way. By Brian Skilling For the last 40 years Frank Vincent has played gruff, sharply dressed, scene-stealing gangsters such as the iconic Billy Batts from "Goodfellas" to Phil Leotardo from "The Sopranos". In "A Guy's Guide to Being a Man's Man", Frank discusses everything from dating etiquette (including how to tell a crazy ex-boyfriend to go home and get

his shinebox), how to dress, and how to enter a nightclub. He even shares discussions with other men's men such as his Sopranos co-stars Vince Pastore and Steve Van Zandt. It's a book on how a man should take care of himself and present himself. Who better to learn this from than the mafioso's mafioso? 0 of 0 people found the following review helpful. Extremely funny book By Kindle Customer I am a big fan of Frank Vincent and decided to read it after his recent passing. I bought it to read on a London to New York flight and found it so funny I finished it by the time we landed! 5 of 6 people found the following review helpful. A must read for Generation X and Y's By Dr Law While the book becomes impractical at times (most people don't "do Vegas" with James Caan), it is an excellent read and shows excellent values. While not a traditional "self help" book, this book goes a long way to laying the foundation of what it means to be a "man" without in any way being sexist. It allows one to "rediscover" respect: for yourself, for you "lady", and for others. While the book at times goes a bit too far in name dropping, it never does so in a self-conceited manner. After reading this book, I felt a real desire for taking Frank Vincent out for a drink and a cigar. He comes across as a person you would just like to hang around with.

Don Corleone said it best-but these days, it's harder than ever to know how to act like a real man. Now, renowned actor and true-life man's man Frank Vincent--famed for his unforgettable tough-guy roles in such classic films as Raging Bull, Goodfellas, and HBO's The Sopranos--shows how any man can be all that he can be in love, work, play, and life, including: -Getting the best women by being the best man - Dressing like a champ - Winning big money and big respect in Las Vegas - Choosing the right song to set the right mood - Knowing how to eat-and cook-like a man - Movies that men will always love - Selecting, smoking, and savoring a great cigar Remember: if you want to learn how to be a man's man, you gotta learn from a man's man. And that man is Frank Vincent

From Publishers Weekly A man's man, according to actor Vincent, is "a jack of all trades, but also a master of all," who drinks only imported beer (that is, when he can't round up a fine scotch, a gin martini with three olives, or a glass of wine), wears cologne, owns a "tailored to perfection" tuxedo and can afford to own only designer clothes (those of Italian origin hold particular sway with Vincent, who's appeared in The Sopranos and Goodfellas). With one glance at the cover, most readers will be able to divine the majority of Vincent's guidelines, but there are a few surprises: recipes for lentil soup, the divination of a Fire Ice rose and a brief passage on the virtues of monogamy. These, however, are couched in lessons on how to live life as if it were an audition for a bit-part in a gangster movie, told in predictably gauche prose. ("If you want to be a big dog, then don't play like a puppy.") Want to learn how to smoke a cigar? Order a martini? Appreciate wine? Talk your way into an exclusive club? It's all in here, but it's all been done before. Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. As an actor Frank Vincent always leaves an impression. This book is guaranteed to have the same effect. -- Ray Liotta Disgustingly charismatic. Horrifyingly macho. Read it as soon as possible! -- Rosie Perez Frank Vincent is not only a terrific actor--he's also one helluva writer. -- Denis Leary Frank Vincent's a stand-up guy. Now, sit down and read! -- James Gandolfini Old school sexy... Frank Vincent's a Renaissance man! -- Debi Mazar About the Author Frank Vincent is a veteran of over 50 films by some of the world's most respected directors, including Raging Bull, Goodfellas, Do the Right Thing, and Casino. Steven Priggé is the co-author of the Italian-American celebrity cookbook Shut Up and Eat!, and the author of Movie Moguls Speak and Created By. He also writes freelance articles for one of the most widely read food magazines in the world, Bon Appetit.